



"No.' Is A Complete Sentence!", Sunday Sermonette January 5, 2020

*"And the Lord God commanded the man, 'You are free to eat from any tree in the garden; but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die.'"*

*Genesis 2:16-17 NIV*

*Read: Genesis 2*

Have you ever told someone "No" only to find yourself doing what you said no to and did not want to do? Maybe, you were thinking "No" but you never let anyone know how you really felt. Did you blame them for your own inability to not just speak your mind and to stand firm in your decision to say "No"?

Maybe, someone has told you 'No'. How did you handle it? It could be that none of us like to hear the word 'No'. We want all we want. 'Yes' is the word we all want to hear. Hearing that we cannot do something or have something we want goes against the grain. No is absolute. It does not mean maybe or even later. It gives no opportunity for what has been refused.

There is an old saying; "What part of no don't you understand?" We need to understand the reason we are told "No'. It is more than our society has a responsibility to one another and there are things that no one should ever do. GOD told us these things over and over. No, do not, never, deny and refuse are all instructional words GOD uses through out the Bible to guide and teach us.

When GOD tells us "No" it is for our benefit. No is not a suggestion, a maybe or a let's see what happens when we are disobedient. No means no.

I can look back and tell you the times I have ignored GOD'S instruction of a simple "No!" are the times of my greatest heartache and disappointment in my life. I am sure if you look back at the times you did as you wanted when GOD

told you "No" you can see the heartaches and disappointments in your life as well.

When GOD tells us "No", that is when we should answer "Yes, LORD, I will do as YOU say. GOD tells us "No" by HIS loving grace. Embrace it!

Today's Prayer:

"Thank YOU, LORD, for all the 'no' times YOU have led me on YOUR pathway. Forgive me for being disobedient and ignoring YOUR loving guidance. I know YOU know me better than I know myself. I promise to listen more carefully to the times YOU tell me "NO". Amen."

Feel His Blessings,

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