



Sermon In A Nutshell, "As A Man Thinks So Is He" January 31, 2020

*"As a man thinks in his heart so is he"*

*Proverbs 23:7 NKJV*

Thought can be a very powerful thing. We all should guard our thoughts very carefully.

Paul challenges us to let our thoughts be as Jesus's were. (Philippians:2:5, Ephesians:6:17) These scriptures warn against not protecting our thoughts.

This past Christmas our family watched a documentary about the life of Dolly Parton. One of the most inspiring I have ever seen. As a little girl in the hills of Tennessee, she was poor as a church mouse and one of seven children.

Dolly dreamed that one day she would become a popular singer. As a child she was a gifted little girl, learning to sing and play the guitar at a very young age. She told everyone that someday she would be a singer and that she did.

Dolly grew up in a Christian home with a GODLY mother who kept the family focused on JESUS and prayer. The songs that Dolly has written nearly all go back to her childhood experiences and the training she received as a child. These were all connected to her dreams and the thoughts that were stored in her heart as a child.

What are your dreams today? Are you aware that they may very well control your future? Have you ever considered the danger of evil thoughts and evil desires that go unchecked? Paul wrote "whatsoever things are true...noble. Pure...lovely ...of good report.. think on these things."

Thoughts lead to actions; actions lead to habits and habits lead to a lifestyle. When Paul speaks of the helmet of salvation in Ephesians he is speaking of guarding our minds.

JESUS wants your mind, body and soul so surrender them to HIM TODAY.

Today's Prayer:

"Thank YOU, LORD, for giving me the experiences and training throughout my life that I can use to guide my thoughts. Help me, LORD, to keep my thoughts noble and pure as YOU would have me do. Amen."

Feel His Blessings!

DR. GEORGE HARRIS